

USAG Retirement Services Office

Any military retiree or surviving spouse of a military retiree needing retirement services should call the US Army Garrison Heidelberg Retirement Services Office. SSG (R) George Hall, our garrison retirement services officer volunteer, is in the office on a full-time basis, Monday through Friday. His telephone number is DSN 370-8236 or from a civilian phone, 06221-57-8236.

Retiree Council Newsletter via Email

We now have 107 people who receive this newsletter via email. For those of you who have an email address and still receive a paper copy of the newsletter, we can add you to the email distribution list. Send an email to L-M.Applebaum@t-online.de with the subject line "Retiree Council Newsletter via Email" and we will add you to the list.

Retiree Appreciation Day 2009

The US Army Garrison Baden-Württemberg hosted Retiree Appreciation Day 2008 at the Patrick Henry Village Pavilion was a great success. During the after action review by some of the key planners, the idea of offering some information about survivor's benefits planning was discussed. All agreed that the Heidelberg Retiree Council, which has done significant work over the past years in the preparation of planning documents, could offer a combination briefing and seminar/round table discussions on the various aspects of the planning process during RAD 2009. The current concept is to use one of the side meeting rooms at the PHV Pavilion for a session that would last about one hour. Following a 15-20 minute presentation on the planning topic, the remainder of the time would be spent in a seminar or round-table discussion type forum. If you have comments on this idea and concept, please send them to the Heidelberg Retiree Council via the USAG Retirement Services Office.

The Next Retiree Council Meeting

The next Council meeting will be held at 1200 hours on Saturday, 21 February 2009 at the Goldener Hirsch Restaurant, Schwetzingenstrasse 29, Heidelberg-Kirchheim. All retirees, widowed spouses of retirees, family members and their guests are invited to attend.

The program will include two presentations. Retired Heidelberg Police Detective Chief Superintendent Horst Engelmann will speak on personal security in the areas of personal preventive measures against accepting counterfeit money and general thievery directed against retired people.

Major (R) Bernd Rieger will present information about money management in Germany during a financial crisis.

To help us better plan the meeting and buffet lunch, please call or email your reservations to MSG (R) Robert McCoy, 06205-16421 (Email bimccoy@hotmail.com or to LTC (R) Larry Applebaum 06224-52741 (Email: L-M.Applebaum@t-online.de) by Wednesday, 18 February 2009.

My HealtheVet

The My HealtheVet (MHV) web site is the gateway to veteran health benefits and services. It provides access to trusted health information, links to Federal and VA benefits and resources, the Personal Health Journal, and online VA prescription refill. In the future, MHV registrants will be able to view appointments, co-pay balances, and key portions of their VA medical records online, and much more! My HealtheVet is a powerful tool to help you better understand and manage your health. To visit the My HealtheVet web site, go to <http://www.myhealth.va.gov> and click on My HealtheVet. Follow the instructions to establish a user ID and password.

Commander
US Army Garrison, Heidelberg
Attention: Retirement Services Officer
Unit 29237
APO AE 09102

Official Business

Postage and Fees Paid
US Department of Defense